

The World of Homeopathy: An Introduction

By Radhika (Yoga Teacher & Student of Homeopathy)

In today's complex and competitive world, our lives are spent in an endless effort to obtain wealth, a family unit, social status and all other things that are being perceived as the measure of success and happiness. In this rat-race for success, we often fail to protect and safeguard THE one thing that has the power to take all away- our HEALTH!



Do you want to get your life back in the right track?

A few questions to ponder on:

- How many times have you been prescribed medication that has not worked?
- How many times has a 'cured' illness returned?
- How many times have you been prescribed antibiotics, unsure of exactly what they are going to do?
- Are you happy with all these antibiotics and toxic drugs staying inside your system, only to give a temporary 'cure'?

Take a deep breath and exhale...

To take your health and well-being to a next new level, Welcome to the World of Homeopathy!

What is Homeopathy?

The word Homeopathy comes from the language of Greek, that is Homeo, meaning **Similar** and Pathy meaning Disease.

Homeopathy is a system for prescribing medicinal substances according to the Law of Similars. What is meant by Law of Similars? It means "Let likes be treated by likes".

This law states that the appropriate medicine for a sick individual is a substance that would create a similar set of symptoms if administered to a healthy person. In other words, substances that could produce symptoms when given to a healthy person can, with proper preparation, be used to treat sick people with those same symptoms.



Dr. Samuel Hahnemann

Practiced throughout the world for almost 200 years, Homeopathy was rediscovered in the early 1800's by the great German physician, Samuel Hahnemann (1755-1843). Today homeopathy is widely practiced in North America, India, Mexico, South America, Germany, France, Great Britain, Russia, other European countries and Singapore.

Yes, Homeopathy is gaining recognition and acceptance among the people in Singapore and being practiced sincerely by the many Homeopathic physicians here.

So why should you consider Homeopathy as an alternative guide in protecting your health and well-being?

- Homeopathy is a **safe**, alternative medicine for all ages and for a wide range of medical conditions.
- It cures not only the symptoms but more importantly **treats the root causes** of the disease/illness.
- Enables a **complete** and **effective** cure.
- In homeopathy, there are **no side effects**, no major diet restrictions.
- Homeopathy can add years and even decades to one's lifespan and raise the quality of health of the patient by quantum leaps on physical as well as emotional and mental levels by routing out chronic disease tendencies and by generally improving the efficiency of bodily functions.



Thinking about Homeopathy as your alternative medicine and healthcare?

Perhaps by reading this article, you may have further questions or wish to know more about Homeopathy.

Please visit us at our free consultation homeopathy clinic located at our Yoga Centre (#07-01 Parkway Centre).

Speak with our qualified and competent homeopath physicians, who will certainly guide you, your health and well-being on this natural, holistic path!

So, what are you waiting for? Bring life and light back to your health again. Live holistically and bring natural goodness to your lives!

Some abstracts were taken from:

- The philosophy of Nature cure (Dr Abdul Hadi Samon)
- The Homeopathic Heritage International
- A gentle approach to a Healthier Lifestyle, Yoga and Health.